

Cafe Assistant

Not-for-Profit Volunteer Opportunity

Do you enjoy creating welcoming spaces and supporting mental wellness in your community? Together SSWR Society is seeking Volunteers to support our mental wellness Community Cafés.

THE ROLE

Café Assistants support both the practical and relational aspects of our cafés. Working alongside trained facilitators, they help ensure participants feel welcomed, supported, and emotionally safe throughout the café experience. Café Assistants rotate through all aspects of the role over time and are an essential part of the café team.

KEY RESPONSIBILITIES

- Create a warm, welcoming, and inclusive environment for all participants
- Register participants and support thoughtful seating arrangements
- Support group safety by reinforcing confidentiality, respect, and emotional awareness
- Share information about local mental health resources or refer participants to Together-SSWR supports
- Pick up and return café materials to the Together-SSWR office
- Participate in post-café debriefs following minor or major incidents
- Work collaboratively with café organizers to refine the cafes based on community feedback.
- Contribute to building the Together organization overall and furthering the mission of wellness for all.

APPOINTMENT TERM

The initial appointment term is one year and may be renewed as long as you remain interested and engaged. This role involves an average commitment of 4 to 8 hours per month, including active participation in cafés and attending café team meetings.